



Ph: 814-536-0796  
FAX: 814-536-1239

[www.westmontpc.org](http://www.westmontpc.org)  
[info@westmontpc.org](mailto:info@westmontpc.org)

FROM THE PASTOR'S DESK

May

## MAY MENTAL HEALTH AWARENESS MONTH



**Did you know one in five American adults experience a mental health issue each year? Half of all diagnosable mental health disorders show first signs before a person turns 14 years according to research.**

In helping to battle this malaise in our society, the church wide community of Presbyterian Church of USA (PCUSA) has set aside the month of May, each year, to communicate Mental Health Awareness by encouraging educational awareness and understanding of mental health issues and advocacy for mental health services. This is to help eliminate the stigma surrounding mental health, especially serious mental illnesses as well as enable our churches and congregations to be more welcoming, inclusive and supportive faith communities for people living with mental health concerns and their families.

The question is, what can we do as Westmont Presbyterian Church to help provide a safe space and healing to the families of those battling Mental Health? How can we be more welcoming and inclusive as a faith community in taking into consideration the needs of our members and community members battling with this health challenge?

In light of these questions, the preaching in the month of May shall bring awareness to this problem that we are all battling in our community and country. See below the liturgical preaching plan.

### **May 1st**

**Theme is "God's Compassion is on the Afflicted."**

**Lectionary Reading: Psalm 90: 13 – 17.**

### **May 8<sup>th</sup> Mother's Day**

**Theme is "A Mother's Love."**

**Lectionary Reading: John 2: 1 – 12.**

### **May 15th**

**Theme is "What God Has Made Clean, You Must Not Call Profane."**

**Lectionary Reading: Acts 11: 1 – 18.**

**May 15th**

**Theme is "What God Has Made Clean, You Must Not Call Profane."**

**Lectionary Reading: Acts 11: 1 – 18.**

**May 22<sup>nd</sup>**

**Theme is "Serving As God's Hands and Feet."**

**Lectionary Reading: Acts 16: 9 – 15.**

**May 29<sup>th</sup>**

**A Time of Reflection**

In collaboration with the Westmont Family Counseling Ministries, we will have two Sunday presentations to highlight Mental Health Awareness. The Sundays are as follows:

**May 15<sup>th</sup> : Presentation in the Fellowship Hall.**

**May 22<sup>nd</sup> : Presentation in the Fellowship Hall.**

I encourage each and all to participate and help bring healing to our society. God bless you. Together we can improve our communities, one individual, one family at a time. God bless you.

Sincerely,

Pastor Ben Nti



**Openers**

1 - Jim McCann  
8 - Brian Misner  
15 - Ron Good  
22 - Betsy Suppes  
29 - Bill Harris

**Fellowship Hour**

1 - Capital Campaign Committee  
8 - Nancy Miller & Bernice Adams  
15 - Deacons  
22 - Jeff & Shelly Boback  
29 - John & Joyce Norris

**Chancel Flowers**

1 - Lichtenfels  
8 - Here's your chance!  
15 - Show your colors.  
22 - How about now?  
29 - You're thinking about it.

**Lay Readers**

1 - Bernice Adams  
8 - Tom Ellenberger  
15 - Jim Lisankis  
22 - Greg Suppes  
29 - Betsy Suppes

**Acolytes**

1 - Ben Curry  
8 - Luke Curry  
15 - Zane Kendig  
22 - Macee Stephens  
29 - Elsie Alberter

# News to peruse...

## **BIG SALE**

**WPC** will be sponsoring a huge basement sale along with P.E.O (Philanthropic Educational Organization). P.E.O. is

a non-profit organization that raises money to further the education of women through grants, scholarships, and loans. They also have a PA Emergency Assistance Fund. Bernice Adams, Carole Corey, Lana Custer, Lyn Garbarino, Jean Livingston, and Joan Rush are all members of P.E.O. The sale will be held one day, **Saturday, June 11<sup>th</sup>, 9:00 am – 3:00 pm.** Items to be donated may be dropped off in Fellowship Hall on the following dates and times:

Friday, May 27<sup>th</sup> - 10 - 3  
Saturday, May 28<sup>th</sup> - 12:30 - 2:30  
Tuesday, May 31<sup>st</sup> - 10 - 3 & 6 - 7:30  
Wednesday, June 1<sup>st</sup> - 10 - 3  
Thursday, June 2<sup>nd</sup> - 10 - 3 & 6 - 7:30  
Friday, June 3<sup>rd</sup> - 10 - 3  
Saturday, June 4<sup>th</sup> - 12:30 - 2:30  
Monday, June 6<sup>th</sup> - 10 - 3

The Geneva Preschool graduation is being held, May 26<sup>th</sup>, so please no donations before May 27<sup>th</sup>.

The following items will be accepted: Cookbooks and children's books, Jewelry, Purses, Scarves, Gardening items, Flowerpots, Vases, Christmas items, Tablecloths & comforters, Home décor items, Household items – dishes, glassware and serving dishes, Pictures and picture frames, baby items.

Food will be sold from the kitchen (Lana's Café), so plan on coffee and a donut in the morning and a sandwich and cookie at

noon. This will be a great time to clean out your closets out! The proceeds from the sale will be shared by WPC and P.E.O. If you have any questions:

Call Joan Rush (814-241-3318)  
Lana Custer (814-659-0046)



### PINE SPRINGS CAMP

PSC registration is open! You can find 2022 schedules on their website. From swimming to tower climbing, and scripture... Camp is available for all ages, even families! What better way to make a memorable summer? Make sure to catch the early bird discount by going to [pinesprings.org](http://pinesprings.org) Reach out to Danielle Kendig for any scholarship information.

### PRESBYTERIAN DISASTER ASSISTANCE EMERGENCY RESPONSE TO THE WAR IN UKRAINE

As violence continues, there are sibling churches already providing assistance with basic items for survival for those displaced from Ukraine. These are trusted, established partners with the knowledge and expertise to carry out this important work with our response including both financial & technical assistance.

To support emergency relief for those fleeing Ukraine, designate gifts to DR000156 and send to WPC.



## THE WOMEN OF WESTMONT LUNCHEONS

Join us at Sunnehanna Country Club on May 18<sup>th</sup>, at 12:00 for a wonderful luncheon with past and future friends.

The cost is \$25. Please RSVP by May 11<sup>th</sup>.

Call or text:

Donna Prothero at 814-659-7272 or

Sally King at 304-561-4158.

### VOLUNTEERS NEEDED

We need volunteers to be ushers to fill vacancies that occur from time to time. Sign-up sheets will be on the tables at all entrances or call the church at 814-536-0796.

### FLOWERS & VOLUNTEERS NEEDED

A friendly reminder that there are plenty of spots open for those who may want to contribute to the **chancel flowers**. You may sign up in the K-room, on the bulletin board just inside the door. Also, volunteers are needed for the **Nursery** as well as for **Openers** of the church on Sundays. Please reach out to the church office for openers or flowers and Danielle Kendig for the Nursery if you are interested in helping during the month of March or beyond. Thank you!



## Hug a loved one!

*Snip-its  
from  
Prayers & Squares*



### **To all at WPC,**

Thank you all for your prayers and support!! To everyone who helps in the ministry of prayer quilts, thank you. The baseball quilt brought such a smile to my face! I thank you all for that. It is so nice to know that people are praying and making things to bless people like me who are going through something so difficult. Thank you, it means a lot.

Romans 12:12 - Rejoice in hope, be patient in tribulation, be constant in prayer.

### **Quilters,**

I am in awe about all the wonderful work for the whole community and beyond that you do. Thank you.

### **Linda and Joyce,**

I want to thank you for the beautiful prayer quilt. The thoughts and prayers that were put into it makes it that much more precious.

### **WPC,**

Last March, I was gifted with a beautiful prayer square with lots of knots that represented prayers for a "successful triple bypass surgery" from your wonderful group of quilters. Then I received a beautiful lap quilt with more knots and prayers "for a complete recovery".

Well, all went well Praise be to God. I recovered from surgery and the healing afterward, in record time. I returned to work even considering the Covid restrictions and I'm back hiking weekly with our hiking group. I just wanted to thank you for the support you give to people in need of prayers.

God bless you with his peace and grace.



### **JOHNSTOWN MILL RATS BASEBALL** **FAITH NIGHT**

**Thursday, June 16 @ 7pm**

Don't miss your chance to enjoy an exciting Mill Rats game with your family, friends, and congregation in a celebration of faith and sport.

- Former **Pittsburgh Pirate Michael McKenry** in attendance for post-game Speech
- Group recognition via videoboard and PA system
- Discounts on Mill Rats merchandise

#### **To order tickets:**

See Jim in the church office for an order form or give him a call at (814) 536-0796 and he'll get you signed up.



- 1 - Doug Stevens**
- 3 - Donald Woodnorth, Diane Uhlig  
& Morgan Fetzer**
- 5 - Charles Price & Rebecca Webb**
- 7 - Martha Brownlee, Donna Cauffiel,  
Jill Havas & Deborah Corey**
- 8 - Melissa Hinson & Isebella Miller**
- 12 - Jimmy McCann & Kirsten Leah**
- 13 - Kacie Livingston**
- 14 - Amanda Wissinger**
- 15 - Robert Hagerich**
- 16 - Kevin Kirkstadt & James Nichols**
- 17 - Brennley Riffle**
- 18 - Lyndal Garbarino**
- 19 - Kristen Holtzman & Daniel  
Kevenk**
- 21 - Kevin Howell & Tracy Kirkstadt**
- 22 - Kevin Pile, Miriam Daisley & Jim  
Johnson**
- 25 - Edna Nti**
- 26 - William Harris**
- 27 - Hailey Pavlik**
- 28 - Dorothy Hudson & Gabbie Riffle**
- 31 - Ted Corey**





**May 2022**

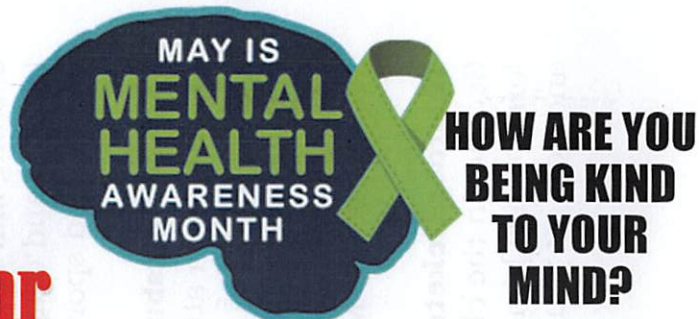
- 1—Sunday Service 10:15AM (S) Communion
- 1—Children's Sunday School during Service (UL3)
- 1—NO JR High Sunday School
- 1—Building and Grounds Fellowship (F)
- 3—Bible Study (P)
- 8—Mother's Day Sunday Service 10:15AM (S)
- 8—No Sunday School during Service
- 8—Fellowship after Sunday Service (F)
- 10—Bible Study (P)
- 15—Sunday Service 10:15AM (S)
- 15—Children's Sunday School during Service (UL3)
- 15—JR High Sunday School during Service (UL5)
- 15—WCFM Presenting in Fellowship Time (F)
- 15—CE Meeting after Sunday Service (K)
- 17—Bible Study (P)
- 22—Sunday Service 10:15AM (S)
- 22—Children's Sunday School during Service (UL3)
- 22—JR High Sunday School during Service (UL5)
- 22—WCFM Presenting in Fellowship Time (F)
- 24—Bible Study (P)
- 26—Geneva Preschool Graduation 6:00 PM (S & K)
- 26—Ascension of the Lord Service 7:30 PM (S)
- 29—Sunday Service 10:15AM (S)
- 29—Children's Sunday School during Service (UL3)
- 29—JR High Sunday School during Service (UL5)
- 29—Fellowship after Sunday Service (F)
- 30—Happy Memorial Day!
- 31—Bible Study (P)

F—Fellowship Hall, K—Koinonia Room, P—Parlor,  
S—Sanctuary, UL—Upper Level Classrooms

## HEY KIDDOS!! JOIN US FOR OUR ANNUAL **End of the School Year Planting Picnic!** **MONDAY, JUNE 6th at 12:00PM**



*Thank you!* To all who gave their time and donations for this years Easter Egg hunt! The Glow in the Dark theme was well received by the community and we had over 150 kids attend, along with their families! It was a blessing to share the excitement of the season and the blessing that is the resurrection with all those people! God is good!



### Are you graduating this year?

CE is looking for a list of WPC graduating seniors! If your child or grandchild is graduating from school this year, we would like to honor their accomplishment during a church service in JUNE. Please call the church office to give their name, school they're graduating from, and their future plans.



### Interested in going to church camp this summer?

Pine Springs Camp is offering both Day and overnight camps this summer! Go to [Pinesprings.org](http://Pinesprings.org) for more information and to register. Please email Danielle Kendig at [Christianeddirector@westmontpc.org](mailto:Christianeddirector@westmontpc.org) if you are in need of information for camp scholarships.





# May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:15am Worship - Communion 11:15am Capital Campaign Kickoff	<b>2</b> 9:00am Prayers and Squares 12:30pm Bridge Club - K 3:00pm Good News 7:00pm Cablevision Broadcast - Channel 9	<b>3</b> 10:00am Bible Study (K)	<b>4</b> 7:30am Men's Breakfast - Eat N' Park 12:30pm Bridge Club - K	<b>5</b> 1:30pm Staff Meeting 7:00pm Choir Practice	<b>6</b>	<b>7</b> 7:00pm Jacobs - Recital (S) 8:30pm Reception (F)
<b>8</b> 10:15am Worship 11:15am Fellowship Hour	<b>9</b> 9:00am Prayers and Squares 10:00am Garden Club 12:30pm Bridge Club - K 3:00pm Good News 7:00pm Cablevision Broadcast - Channel 9	<b>10</b> 10:00am Bible Study (K)	<b>11</b> 7:30am Men's Breakfast - Eat N' Park 12:30pm Bridge Club - K	<b>12</b> 7:30am Finance (Eat 'n Park) 9:00am Staff Performance Reviews 1:30pm Staff Meeting 7:00pm Choir Practice	<b>13</b>	<b>14</b>
<b>15</b> 10:15am Worship 11:15am Fellowship Hour	<b>16</b> 9:00am Prayers and Squares 12:30pm Bridge Club - K 3:00pm Good News 6:00pm Deacons Meeting 7:00pm Cablevision Broadcast - Channel 9	<b>17</b> 10:00am Bible Study (K)	<b>18</b> 7:30am Men's Breakfast - Eat N' Park 12:30pm Bridge Club - K 5:30pm WFCM 7:00pm Session	<b>19</b> Thread Deadline 1:30pm Staff Meeting 4:00pm Worship & Music 7:00pm Choir Practice	<b>20</b>	<b>21</b> 9:00am Farmers Market (WPC parking lot)
<b>22</b> 10:15am Worship 11:15am Fellowship Hour	<b>23</b> 9:00am Prayers and Squares 12:30pm Bridge Club - K 3:00pm Good News 6:00pm Girl Scouts - FH 7:00pm Cablevision Broadcast - Channel 9	<b>24</b> 10:00am Bible Study (K)	<b>25</b> 7:30am Men's Breakfast - Eat N' Park 12:30pm Bridge Club - K	<b>26</b> 1:30pm Staff Meeting 6:00pm Pre-School Graduation (S) 7:00pm Choir Practice 7:30pm Ascension Day Service (F)	<b>27</b> PEO Basement Sale Prep (F)	<b>28</b> 9:00am Farmers Market (WPC parking lot)
<b>29</b> 10:15am Worship 11:15am Fellowship Hour	<b>30</b> PEO Basement Sale Prep 9:00am Prayers and Squares 12:30pm Bridge Club - K 3:00pm Good News 7:00pm Cablevision Broadcast - Channel 9	<b>31</b> PEO Basement Sale Prep 10:00am Bible Study (K)				

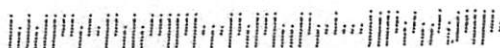


**THE THREAD**  
**Westmont Presbyterian Church**  
**601 Luzerne St.**  
**Johnstown PA 15905-2397**

**814-536-0796**  
**(Return Service Requested)**

**NON-PROFIT ORGN.**  
**U. S. Postage Paid**  
**Johnstown PA**  
**Permit # 65**

MR. AND MRS. KEVIN HOWELL  
1345 TIRE HILL RD  
JOHNSTOWN PA 15905



**MISSIONAL INTENTIONS TO BE:**

**Christ centered**  
**Biblically based**  
**Servant led**  
**Blessed to be a blessing**

**Worship 10:15 a.m.**

**Fellowship Hour 11:15 a.m.**

**Cablevision Broadcast**  
**Monday 7:00 p.m.**

**PASTOR**  
Rev. Bernard Nti

**CHRISTIAN EDUCATION**  
Danielle Kendig

**CHILDREN'S MUSIC DIRECTOR**  
Kristen Kane

**MINISTER OF MUSIC**  
Jim Hutchinson

**SEXTON**  
Kevin Howell

**ADMINISTRATIVE ASSISTANT**  
Jim McCann

**OFFICE HOURS: T-Fri, 10:00-3:00**  
**Telephone: 814-536-0796 Fax: 814-536-1239**  
**E-mail: [info@westmontpc.org](mailto:info@westmontpc.org)**  
**WEBSITE: [westmontpc.org](http://westmontpc.org)**